

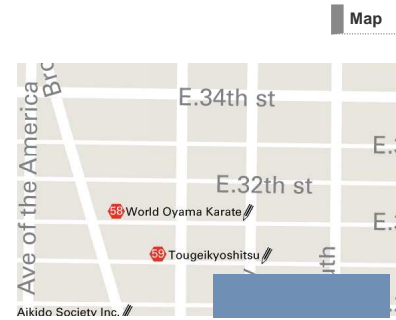
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World Oyama Karate Matsumoto Dojo (J-MAP PICK UPS!)



World Oyama Karate Matsumoto Dojo

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World Oyama Karate Matsumoto Dojo

Matsumoto Dojo is the official Manhattan branch of the World Oyama Karate Organization. Since opening its doors in February 2005 under the leadership of Sensei Daisuke Matsumoto, it has grown into one of Manhattan's most active dojos, offering classes seven days a week for adults, teens and children.

Matsumoto Dojo offers traditional Japanese full-contact karate in a unique and modern setting. From kata and weapons, to self-defense and bag training, classes are designed to help set short-term goals as well as attain those that are more long-term. Instructors at Matsumoto Dojo share the belief that anyone can learn to become a more peaceful individual through the development of physical, mental and spiritual strength.

At the same time, the Dojo offers expert fighting, conditioning and sparring classes for those who want to take their skills to the next level and represent Matsumoto Dojo in tournaments.

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